

Couple's Massage

With Kathryn Lowe, LMP

Workshop Details:

Date: Sunday,

February 18th

Time: 12:30-3PM

Cost: \$40 per couple

Please Register By:

February 11

*Workshop limited to
6 couples.*

Source Yoga

2712 N. 21st St. Suite A
Tacoma, WA 98406

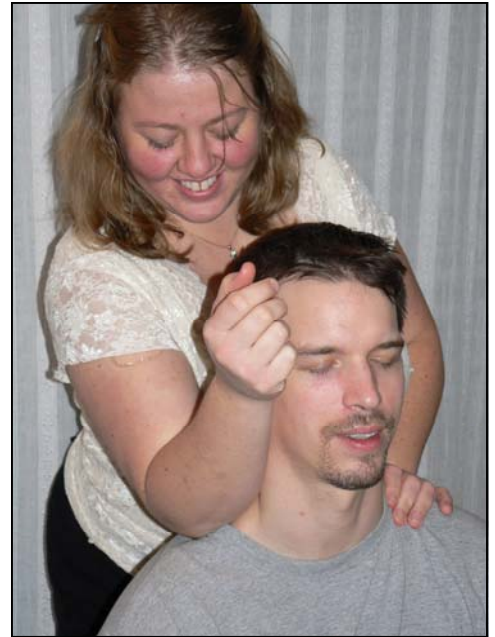
To register, call or visit our
website:

253-756-8066

www.sourceyogaonline.com

info@sourceyogaonline.com

Have you wondered how you could give your spouse, family or friends a more effective massage? One that **feels great** and is easier on you? Come join us, and bring your partner, family member or friend for this casual and fun 2 1/2 hour workshop. You will learn **simple and effective** ways to work on



the neck, shoulders, back and feet that will have your partner feeling great, and impressed with you! Some basic anatomy will also be covered. Wear comfortable loose fitting clothes (you will be fully clothed for the duration of the class), bring some lotion and your partner. **Space is limited** to 6 couples to ensure plenty of individual attention.

Kathryn Lowe, LMP, has been a licensed massage practitioner for 5 years. She has a private practice in Seattle that includes both table and chair massage. She also teaches massage at Ashmead College in Seattle, where she has been a faculty member for 2 years.